## STEAR'S KUNA KINDNESS CHALLENGE

NAME:

EMAIL:

PHONE:



## ACTS OF KINDNESS BINGO - KIDS 1-11

Smile at 5 people

Make a card for your favorite teacher

Hold the door open for someone

Pick up 5 pieces of trash at school

Mail a postcard to a relative

Hug your parents

Wash your hands Help a teacher clean up

Share your toys

learn about a culture other than your own

Say hello to three people today Draw a picture and give it to someone

Pick Your Own Tell a friend how much they mean to you Take a goofy picture with your family

Write a letter to an elder Decorate a rock with positive sayings

Give your friend a High Five Invite a new friend to play Help a younger student

Offer to clean up a neighbor's yard

Donate toys, clothes or food to a charity

Tell a joke and make someone laugh

Bring a flower to office staff Do a chore around the house without being asked